



Referral to

Sleep Dynamics
20 Newcastle Rd
Cardiff NSW 2285

p) 02 4954 3580
f) 02 4954 3581

Patient Information

Name _____

Address _____

Phone (____) _____ DOB _____

Request (see reverse for further information)

- ☐ Ambulatory Sleep Study
- ☐ CPAP/ APAP treatment trials
- ☐ NIV (see reverse for more information) treatment as per prescribed
- ☐ Adaptive Servo Ventilation (ASV / CS) Treatment Trial – Complex / Central Sleep Apnea and Cheyne Stokes Respiration.

Symptoms and Clinical history

- | | |
|--|--|
| <input type="checkbox"/> Hypertension | <input type="checkbox"/> Morning headache |
| <input type="checkbox"/> Type II Diabetes | <input type="checkbox"/> Excessive daytime fatigue |
| <input type="checkbox"/> Obesity | <input type="checkbox"/> Poor concentration |
| <input type="checkbox"/> Ischaemic Heart Disease | <input type="checkbox"/> Atrial Fibrillation |
| <input type="checkbox"/> Depression / Anxiety | <input type="checkbox"/> Stroke / TIA |
| <input type="checkbox"/> Heart Failure | <input type="checkbox"/> COPD |

Additional Clinical Information

Referring Physician

Name _____ Provider Number _____

Practice _____

Address _____

Phone _____ Email _____

Signature _____ Date _____

Further information:

CPAP or Bi Level trial. This involves a repeat of a sleep study with a nasal continuous positive airway pressure machine. If the CPAP machine is tolerated the patient can have a two week trial of it at home before final assessment by a physician at our sleep clinic

NIV may be required for patients experiencing either acute or chronic respiratory failure. Patients suffering from chest wall infections, respiratory muscle weakness or affected by disease such as cystic fibrosis plus motor neurone disease often require NIV

Home Sleep Apnea test. Often patients do not sleep well in the clinic environment and this is why we offer for patients to have sleep apnea testing done in their home environment. Ensuring we capture normal sleep behaviour.